

**SPOKES
CTC
The Bike Station
Sustrans
Cycling Scotland
Edinburgh Road Club
Laid Back Ligfiets Scotland**

are working together to organise TryCycling events and stalls at some of Edinburgh's outdoor festivals, as well as introductory rides.

We want to put you in touch with some of the services that can help you start cycling, and hear about the things you think will help you and your family cycle more often.

More and more people are cycling in Edinburgh - why not join them!

See the web site for further details
www.trycyclinginedinburgh.org.uk

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Supported by City of Edinburgh Council



**Try Cycling
in Edinburgh**

New to cycling?

Just bought a bicycle?

**Want to expand your
knowledge of cycling?**

**Seeking safe and enjoyable
places to ride your bike?**

***TryCycling in Edinburgh is a campaign to
encourage new and intending cyclists.***

Try our easy cycle rides

Our rides are on the **last Sunday of the month.**

They leave at 10 am and the route is circular where possible, returning to meeting place. We promise to go at a **leisurely pace.**

There are experienced and enthusiastic cyclists on hand to lead the way and assist with any mechanical repairs necessary.

Please bring a bicycle in road worthy condition, water, a light snack and possibly money for refreshment stop. The ride time indicated includes rest stops.

The routes we choose are largely car-free, mostly flat, and always scenic.

The rides are **free**, but booking by phone, email or post is recommended. Under 16's should be accompanied by an adult.

Interested in cycle training? Why not come on one of our rides and meet some of the trainers informally. They can tell you more.

2007 RIDES

SUNDAY 14 January

FROM: Victoria Park, by main children's playground
TO: Royal Botanic Garden
6 miles, 2 hour outing including rest breaks

SUNDAY 28 January

FROM: Royal Commonwealth Pool
TO: Musselburgh, the "honest town"
12 miles, 4 hour outing including rest breaks

SUNDAY 25 February

FROM: Roseburn Park, Roseburn Place entrance
TO: Water of Leith Visitor Centre
10 miles, 3.5 hour outing including rest breaks

SUNDAY 25 March

FROM: Tickled Trout, 27 Lanark Road
TO: Easter Craiglockhart Hill Nature Reserve
9 miles, 3 hour outing including rest breaks

SUNDAY 29 April

FROM: The Meadows, the junction of Middle Meadow Walk and North Meadow Walk
TO: Duddingston Village and beyond
10 miles, 3.5 hour outing including rest breaks

SUNDAY 27 May

FROM: Victoria Park, by main children's playground
TO: Cammo Country Park
13 miles, 4 hour outing including rest breaks

SUNDAY 24 June

FROM: The Meadows, the junction of Middle Meadow Walk and North Meadow Walk
TO: Swanston Village
16 miles, 5 hour outing including rest breaks

National Bike Week

16th - 24th June is National Bike Week, time for a wide range of activities from discovery trails to bike breakfasts.

Cycling Scotland Bike Week Seminar 2nd February. Event organisers can contact andrewpankhurst@cyclingscotland.org for a free place

See www.bikeweekedinburgh.info

Bicycle Film Festival

Two Bicycle Film Festivals to look forward to at the Filmhouse, Lothian Road. 4th - 5th Feb and 16 - 24 June. See www.bicyclefilmfestival.info

Pedal for Scotland

Why not take part in Scotland's major sponsored cycle ride? Join 3000 other cyclists in riding from Glasgow to Edinburgh on Sunday 16th September. See www.pedalforscotland.org for how to take part.

Get on your bike

To discover cycle paths and quiet routes, see the cycle maps for Edinburgh, East, Mid- and West Lothian, available from bookshops, bike shops, Trycycling stalls or from www.spokes.org.uk.

Fix Your Own Bike

Workstands, tools and expert advice at the Bike Station, 250 Causewayside. www.thebikestation.org.uk for times.

Events

Come and take part in Try Cycling activities at the following events.

Sunday 8th April

The Edinburgh Easter Festival in Princes Street Gardens

Sunday 29 April

Access Festival Holyrood Park

Saturday 12 May

Parents Like Us Festival

Sat 9th & 10th June

TreeFest at Inverleith Park

Sunday 5 August

Edinburgh Festivals' Cavalcade

Sunday 12 August

Edinburgh Fringe Sunday

16th - 22nd September

European Mobility Week

Monthly update listing cycle rides in and around Edinburgh
www.cycling-edinburgh.org.uk

Regular update for cycling news
www.cyclinginedinburgh.info

www.trycyclinginedinburgh.org.uk